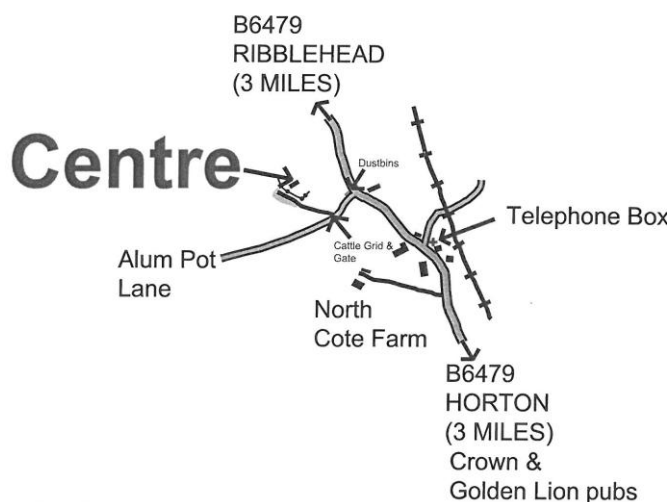


Course Title:

Outdoors Fieldwork First Aid Course



Selside - Yorkshire Dales

**SELSIDE AREA****YORKSHIRE DALES
SELSIDE OUTDOOR
CENTRE****The venue: LOCATION**

The centre is situated three miles north of Horton-in-Ribblesdale in the Yorkshire Dales on the B6479 to Ribblehead, grid reference SD 782758. This is marked as a building just below the 's' of rocks in Top Cow Pasture Rocks on the most useful map to use in this area – the OS 1:25,000 Outdoor Leisure Map, OL2, Yorkshire Dales

The village is the first place north of Horton which has houses on both sides of the road. There is a steep hill out of Selside and Alum Pot Lane is the first walled lane on the left.

Follow this for 50m to a cattle grid on your right. Cross this and up a steep and rough track to the centre.

BEAWARE if in a vehicle with low ground clearance. Please park so as to allow the farmer access

General arrangements:

The course will start at 9.00am and the day is scheduled to finish at approximately 5pm. The trainers will both be there from about 8.30am traffic permitting. Tea and coffee will be provided but please **note you will need lunch**. The kitchen is fully kitted out with pots, pans, plates etc, along with a large cooker, fridge, microwave and large toaster. There is central heating throughout the building. As there is a practical session in the afternoon which involves improvisation with kit that you may have in the field could you bring along and come dressed appropriately i.e. waterproof trousers and jacket, etc.